

# the 28-DAY SCALE RESET



## Day 1: C Major

1. This compilation is taken from various sources, cited throughout the packet. Please do not print, copy, distribute or disseminate. Use this resource as an educational starting point for your own scale practice only.

2. We tried to incorporate etudes and pieces that cover a range of levels. If an etude is "easy" for you, try transposing it to C and A!

### Hamelin Scales and Exercises

♩. = 72 *Legato*

DO MAJEUR  
C MAJOR  
ハ長調

2  
G

L  
A

The image shows three staves of music for Hamelin Scales and Exercises in C Major. The first staff begins with a treble clef, a common time signature, and a tempo marking of quarter note = 72 Legato. It includes the text 'DO MAJEUR', 'C MAJOR', and 'ハ長調'. A finger number '2' is written above the second measure, and a fingering 'L A' is written below the first measure. The music consists of three staves of a scale exercise, each with a long slur over the notes.

### Baermann Complete Method for Clarinet

No 1  
C major  
C dur

The image shows two staves of music for Baermann Complete Method for Clarinet, No. 1. The first staff is labeled 'No 1', 'C major', and 'C dur'. The music consists of two staves of a scale exercise, each with a long slur over the notes.

6 Broken Chord Passages through all the Keys with three different kinds of strokes.

No 2 Every one of these examples is to be repeated many times.

Gebrochene Accord-Passagen durch alle Tonarten in dreierlei Spielart.

Jedes dieser Beispiele ist oft zu wiederholen.

C major  
C dur

No 4 Interrupted Scales  
Gebrochene Scalen

C major  
C dur

Scales in Thirds  
Terzenartige Scalen

No 8 C major  
C dur

Five staves of musical notation for Stievenard's scales. The first staff is in treble clef, 2/4 time, starting with a forte (*f*) dynamic. The second staff is in treble clef, 3/8 time, starting with a piano (*p*) dynamic. The third staff is in treble clef, 3/4 time, starting with a forte (*f*) dynamic. The fourth staff is in bass clef, 3/8 time, starting with a piano (*p*) dynamic. The fifth staff is in treble clef, 2/4 time, starting with a forte (*f*) dynamic. Each staff contains a scale exercise with various articulations and dynamics.

Kristen Denny-Chambers Prep Steps before you Kroepsch (Go grab the whole book!)

Musical notation for 'Prep Steps before you Kroepsch', starting with the number 7. The notation is in treble clef, 4/4 time, and features a series of chords and melodic lines with slurs and accents.

Kristen Denny-Chambers *Finger Fitness Foundations for Clarinet* (Go grab the whole book!)

44. 



**Practice Tip:**  
Play m. 10 and 14  
smoothly, and bring  
out moving notes.

**A** 

5 

9 **B** 

13 

17 **A'** 

21 

\* Play with a full sound on the low notes and float up gently to the high A. Think big on bottom or "BOB."

by C. Rose

Andante cantabile

1. *p*

*mf* *f* *mf* *f* *dim.* *p* *f* *dim.* *rit.*

Tempo I

*p*

*tr* *tr* *rit.* *dolce* *tr* *a tempo*

Francesco Taddeo Blatt 24 Technical Exercises

**Allegro giusto**

1. 

Wiedemann 45 Etüden für oboe

2. Allegretto.

The musical score is written for oboe in 9/8 time. It begins with a dynamic marking of *p* (piano) and a tempo marking of *Allegretto*. The piece is marked with a '2.' indicating it is the second exercise. The notation includes various rhythmic patterns, slurs, and accents. Dynamics range from *p* to *sf* (sforzando) and *f* (forte). A *cresc.* (crescendo) marking is present in the lower staves. The score concludes with a final cadence.